



## **Indoor House League** **2013/2014 Futsal Rules**

### **AGES U-7 and Above**

The playing court will be the gym court at each location.

Goalkeepers penalty area must be marked.

2 penalty spots are marked on the court. 1 is drawn 20 feet from the midpoint of the goal posts; the 2nd is drawn 35 feet from the midpoint of the goal posts.

#### **The Ball – Futsal**

A match is played by 2 teams each not consisting of more than 5 players, minimum 4 (3 plus a goalkeeper).

Playing time is 2 --- 25 minute halves. Substitutions are done at each 5th minute interval.

Goalkeeper must be switched at half time. The 1<sup>st</sup> half goalkeeper can only enter the game after 5 minutes of the second half.

#### **For U-11 and up goalkeeper switch is optional.**

#### **For U-7 and up boundary touchlines are used, no wall play will be allowed.**

Each player shall play a minimum of 50% of the total playing time.

Uniforms are mandatory to distinguish teams.

All free kicks are indirect except for the accumulated fouls penalty.

An indirect free kick is taken from the place where the infringement occurred, unless the free kick has been awarded to the defending team in its own penalty area, in which case, the free kick may be taken from any point within the penalty area.

### **Kick-off**

*A kick-off is a way of starting or restarting play:*

- ▶ at the start of the game
- ▶ after a goal has been scored
- ▶ at the start of the second half of the game
- ▶ at the start of each period of extra time, where applicable
- ▶ all players are in their own half of the field
- ▶ the opponents of the team taking the kick-off are at least 3 m from the ball until it is in play
- ▶ the ball is stationary on the center mark
- ▶ the referee gives a signal
- ▶ the ball is in play when it is kicked and moves forward the kicker may not touch the ball a second time until it has touched another player

**Sliding tackles are not allowed;** except for the goalkeeper in his own penalty area and provided that he does not play in a careless and reckless way or uses excessive force;

\* When the goalkeeper has possession of the ball, he or she can not punt it or drop kick it, the ball has to be released with his or her hands, a kick in will be awarded to the opposing team if this occurs.

\* A goal kick or goal line throw: the goalkeeper is the only one who puts the ball in play with his/her hands, the ball must bounce on his/her half, if the ball is thrown beyond the halfway line, a kick in will be awarded to the opposing team.

**The opposing team's players of the team making the goal line throw must remain out of the penalty area.**

\* If the ball hits the ceiling while in play, a kick in will awarded to the opposing team to be taken from the nearest point where it hit the ceiling.

\* A game will not be abandoned by the referee if there are fewer than 3 players. The referee and coaches will combine players, making 2 opposing sides and play a game.

\* Time outs will not be allowed.

\* Kick in replaces throws in

In-direct free-kick must not go in or through the penalty area as it will result into a in-direct free kick to the opposing team from the same spot where it was taken. ***Including corner kicks.***

\* The convener will distribute game sheets at least 10 minutes before the match, he will also keep record of the score, accumulated fouls.

\* The referee enforces the laws of the game and his decision regarding facts connected with play is final.

\* The referee is the only one who has the authority to stop the time.

\* Basic Compulsory equipment of players is shirt/jersey, shorts, socks, shinguards (must be covered by socks) and indoor soccer shoes. Goalkeepers are the only ones allowed to wear pants.

\* **Players are not allowed to wear any type of jewelry.**

\* The clock will not be stopped when the ball goes out of play.

#### **A GOAL MAY SCORE FROM A:**

\* Kick off, accumulated fouls penalty kick

#### **A GOAL MAY NOT BE SCORED FROM:**

\* A goal line throw (or goal kick), kick in, indirect free kick, corner kick

#### **THE FOUR SECOND RULE**

\* A team or a player who has possession of the ball at any restart of play (kick in, goal clearance, direct kicks) must put the ball in play within 4 seconds, otherwise the ball is awarded to the other team, in the case of the direct free kicks and goal clearance, and corner kick, an indirect free kick is awarded. The four second rule does not apply when the referee restarts the game on a drop ball.

**An indirect free kick is awarded to the opposing team if a goalkeeper commits one of the following offences:**

- ▶ After releasing the ball from his/her possession, he/she receives it back from a team-mate without the ball first having passed beyond the halfway line or without it having been played or touched by an opponent;
- ▶ he/she touches or controls the ball with his/her hands after it has been deliberately kicked to him/her by a team-mate;
- ▶ he/she touches or controls the ball with his/her hands after he/she has received it directly from a kick-in taken by a team-mate;
- ▶ He/she touches or controls the ball with his/her hands or feet in his/her own half for more than four seconds.

**An indirect free kick is also awarded to the opposing team, to be taken from the place where the infringement occurred, if in the opinion of the referee a player:**

- ▶ plays in a dangerous manner;
- ▶ deliberately impedes the progress of an opponent when the ball is not being played;
- ▶ prevents the goalkeeper from releasing the ball from his hands;
- ▶ Commits any other offence, not previously mentioned in Law 12, for which play is stopped to caution or dismiss a player.

The indirect free kick is taken from the place where the infringement occurred.

### **SENDING OFF OFFENCES**

**A player or a substitute is sent off and shown the red card if he/she commits any of the following offences:**

- ▶ player is guilty of serious foul play;
- ▶ player is guilty of violent conduct;
- ▶ player spits at an opponent or any other person;
- ▶ player denies the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball (with the exception of a goalkeeper within his own penalty area);
- ▶ player denies an opponent moving towards the player's goal an obvious goal scoring opportunity by committing an offence punishable by an indirect;
- ▶ player uses offensive, insulting or abusive language or gestures;
- ▶ player receives a second caution in the same match.

### **CAUTIONABLE OFFENCES**

**A player or a substitute is cautioned and shown the yellow card if he/she commits any of the following offences:**

- ▶ player is guilty of unsporting behaviour;
- ▶ player shows dissent by word or action;
- ▶ player persistently infringes the Laws of the Game;
- ▶ player delays the restart of play;
- ▶ player fails to respect the required distance when play is restarted with a corner kick, kick-in, free kick or goal clearance;
- ▶ player enters or re-enters the pitch without the referees' permission or infringes the substitution procedure;
- ▶ player deliberately leaves the pitch without the referees' permission.

## ACCUMULATED FOULS

- ▶ Are those punished by a 35 foot direct kick penalty? (Second spot)
- ▶ The first five accumulated fouls committed by each team during each half are recorded in the summary of the match.
- ▶ If extra time is played (playoffs & tournament), accumulated fouls from the second period remain valid. Any accumulated fouls during extra time are added to the team's total from the second period.
- ▶ Accumulated fouls recorded on the first half, end at the termination of the first half, a new count begins again at the beginning of the second half.

Beginning with the six and subsequent fouls, the penalty will be taken from the second penalty spot, regardless where the foul was committed.

- On any free kicks, all opponents are at least 2 meters or 6 feet from the ball until it is in play.
- The player taking the penalty free kick must kick the ball forward with the intention of scoring, a pass is not allowed.

### Accumulated Fouls are penalized as follows:

A direct free kick is awarded to the opposing team if a player commits any of the following offences 6 times in a manner considered by the referees to be careless, reckless or using excessive force:

- ▶ kicks or attempts to kick an opponent;
- ▶ tackles or attempts to tackle an opponent, either by sliding or by bending down in front of or behind an opponent;
- ▶ jumps at an opponent;
- ▶ charges an opponent, even with the shoulder;
- ▶ strikes or attempts to strike an opponent;
- ▶ pushes an opponent.
  
- ▶ holds an opponent;
- ▶ spits at an opponent;

- ▶ slides in an attempt to play the ball when it is being played or is attempted to be played by an opponent (sliding tackle), except for the goalkeeper in his own penalty area and provided that he does not play in a careless and reckless way or uses excessive force;
- ▶ touches the opponent before the ball when attempting to win possession;
- ▶ handles the ball deliberately, except for the goalkeeper in his own penalty area.

The above-mentioned offences are for accumulated fouls.

**\* A goal can be scored from an accumulated fouls (direct free kick penalty)**

\* If future changes or revisions to these rules are to be made, teams officials will be informed in advanced in writing through an email or a letter.