

Attacking

Play across the direct game channel



Playing gaps and between lines



Create numerical superiority



Find a runner in depth behind the back-line



Penetrate after the creation of space



Anticipate, adjust to finish

Defending

Create Density in the direct game channel (set)



Intervene to start a counter-attack



Provide cover for a teammate



Protect the space behind the back-line



Create density in the direct game channel (transition)



Anticipate, adjust to intervene (protect the goal)