

Attacking

Play across the direct game channel

Playing gaps and between lines

Create numerical superiority

Find a runner in depth behind the back-line

Penetrate after the creation of space

Anticipate, adjust to finish

Defending

Create Density in the direct game channel (set)

Intervene to start a counter-attack

Provide cover for a teammate

Protect the space behind the back-line

Create density in the direct game channel (transition)

Anticipate, adjust to intervene (protect the goal)